

## WEEK 20

### Hardware Store

- Camping or utility knife
- Extra radio batteries

**Also:** Purchase an emergency escape ladder

### To Do:

- Find out about your workplace disaster plans

## WEEK 21

### Hardware Store

- Heavy work gloves
- 1 box disposable dust masks
- Screwdriver
- Plastic safety goggles



## WEEK 22

### Grocery Store

- Extra hand-operated can opener
- 3 rolls of paper towels

## WEEK 23

### Hardware Store

- Battery powered camping lantern with extra battery or extra flashlights

## WEEK 24

### Grocery Store

- Large plastic food bags
- Plastic wrap
- Aluminum foil

# Family Disaster Supplies Calendar: A Checklist



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The Family Disaster Supplies Calendar is intended to help you prepare for disasters before they happen. To prepare for Chatham County's Hurricane Season, at the beginning of the year use this calendar to assemble an family emergency kit in small steps over a six month period. Check off each week as you gather the items.

Supplies may be stored together in a large plastic container. Remember to rotate your perishable supplies and change water every six months. *Items marked with an asterisk should be purchased for each household member.*

## WEEK 1

- 1 gallon of water\*
- 1 jar of peanut butter\*
- 1 large can juice\*
- 1 can meat\*
- Hand operated can opener
- Instant coffee, tea, powdered soft drinks
- Permanent marking pen to mark date on cans (remember 1 gallon of water for each pet)



**Also:** Pet food, diapers, and/or baby food if needed.

### To Do:

- Make a family plan.

## WEEK 2

### Hardware Store

- Crescent wrench
- Heavy rope
- Duct tape

**Also:** A leash and carrier for your pet.

**To Do:**  Check your house for hazards.

- Locate gas meter/water shutoffs & attach a wrench near them.

## WEEK 3

### Grocery Store

- 1 gallon of water\*
- 1 can of meat\*
- 1 can of fruit\*
- sanitary napkins
- video tape



### To Do:

- Use a video camera to tape the contents of your home for insurance purposes.
- Store video tape with friend/family member who lives out of town.

## WEEK 4

### Hardware Store

- Plumber's tape
- Crowbar
- Smoke detector with battery

**Also:** Extra medications or a prescription marked "emergency use," if needed.

### To Do:

- Install or test your smoke detector.
- Tie water heater to wall studs using plumber's tape.

## WEEK 5

### Grocery Store

- 1 gallon of water\*
- 1 can of meat\*
- 1 can of fruit\*
- 1 can of vegetables\*
- 2 rolls toilet paper
- extra toothbrush
- travel size toothpaste



**Also:** Special food for special diets, if needed.

### To Do:

- Have a fire drill at home.

## WEEK 6

### First Aid Supplies

- Aspirin and/or acetaminophen
- Compresses
- Rolls of gauze or bandages
- First aid tape
- Adhesive bandages (in assorted sizes)

**Also:** Extra hearing aid batteries, if needed.

### To Do:

- Check with your child's day care or school to find out about their disaster plans

## WEEK 7

### Grocery Store

- 1 gallon of water\*
- 1 can of ready to eat soup (no concentrate)\*
- 1 can of fruit\*
- 1 can of vegetables\*

**Also:** Extra plastic baby bottles, formula & diapers, if needed.

### To Do:

- Establish an out-of-state contact to call in case of emergency.

## WEEK 8

### First Aid Supplies

- Scissors
- Tweezers
- Antiseptic
- Thermometer
- Liquid Hand Soap
- Disposable hand wipes
- Sewing kit



**Also:** Extra eyeglasses, if needed

### To Do:

- Place a pair of shoes and a flashlight under your bed so that they are handy during an emergency.

## WEEK 9

### Grocery Store

- 1 can of ready-to-eat soup\*
- Liquid dish soap
- Plain liquid bleach
- 1 box of heavy duty garbage bags

**Also:** Saline solution & contact lens case, if needed.

### To Do:

- Send some of your favorite family photos (or copies) to family out of state.

## WEEK 10

### Hardware Store

- Waterproof portable plastic container (with lid) for important papers
- Portable am/fm radio (with crank / batteries)

**Also:** Blankets or sleeping bag\*

### To Do:

- Make photocopies of important papers and store safely.

## WEEK 11

### Grocery Store

- 1 large can of juice\*
- Large plastic food bags
- 1 box of quick energy snacks
- 3 rolls of paper towels

**Also:** Sunscreen.

### To Do:

- Store a roll of quarters for emergency phone calls.
- Go on a hunt with your family to find a pay phone near home

## WEEK 12

### First Aid Supplies

- Anti-diarrhea medicine
- Rubbing alcohol



- 2 pair of latex gloves
- Ipecac syrup & activated charcoal (for accidental poisoning)

**Also:** Items for denture care, if needed.

### To Do:

- Take a family trip to gas and water meter shutoffs.

## WEEK 13

### Hardware Store

- Whistle
- ABC fire extinguisher
- Pliers
- Vise grips

### To Do:

- Take a first aid/CPR class



## WEEK 14

### Grocery Store

- 1 can of meat\*
- 1 can of fruit\*
- 1 can of vegetables\*
- 1 package of paper plates
- 1 package of eating utensils
- 1 package of paper cups

### To Do:

- Make a plan to check on a neighbor who might need help in an emergency.

## WEEK 15

### Hardware Store

- Extra flashlight batteries
- Masking tape
- Hammer
- Assorted nails
- "L" brackets to secure tall furniture to wall studs
- Wood screws

**To Do:**  Brace shelves and cabinets.

## WEEK 16

### Grocery Store

- 1 can of meat\*
- 1 can of vegetables\*
- 1 box of heavy-duty large garbage bags
- Kleenex
- 1 box of quick energy snacks

### To Do:

- Join your neighborhood safety organization.

## WEEK 17

### Grocery Store

- 1 box of graham crackers
- Assorted plastic containers with lids
- Assorted safety pins
- Dry cereal

### To Do:

- Arrange for a friend or neighbor to help your children if you are at work.

## WEEK 18

### Hardware Store

- "Child proof" latches for cupboards
- Double-sided tape or Velcro fasteners to secure moveable objects.

### To Do:

- Pack a "go-pack" in case you need to evacuate.

## WEEK 19

### Grocery Store

- 1 box of large heavy-duty garbage bags
- 1 box quick energy snacks (granola/raisins)

### To Do:

- Have tornado or hurricane drill at home.

